

AARYANS COMMANDO

TRAINING CAMP
FOR KIDS

BE... ROUGH & TOUGH

• **BASIC COURSE**
4 DAYS & 3 NIGHTS

• **REGULAR COURSE**
7 DAYS & 6 NIGHTS

• **ADVANCE COURSE**
11 DAYS & 10 NIGHTS



• **BASIC COURSE**
4 DAYS & 3 NIGHTS

7000/-

• **REGULAR COURSE**
7 DAYS & 6 NIGHTS

11000/-

• **ADVANCE COURSE**
11 DAYS & 10 NIGHTS

16000/-



AARYANS
COMMANDO
TRAINING CAMP
FOR KIDS-PUNE
BE... ROUGH & TOUGH



Christmas Batches

Residential Camp for Boys & Girls (7 to 17 yrs.)

BASIC COURSE (BC) - 4 DAYS (Fees Rs. 7000/-)

Batch 1

START

Sunday

21 DEC '25

END

Wednesday

24 DEC '25

Batch 2

START

Wednesday

24 DEC '25

END

Saturday

27 DEC '25

Batch 3

START

Sunday

28 DEC '25

END

Wednesday

31 DEC '25

REGULAR COURSE (RC) - 7 DAYS (Fees Rs. 11000/-)

Batch 1

START

Sunday

21 DEC '25

END

Saturday

27 DEC '25

Batch 2

START

Sunday

28 DEC '25

END

Saturday

3 JAN '25

Venue : Aaryans Valley, Pune - Satara Road,
Next to R. K. Transport, Bhilarewadi,
Before Old Katraj Ghat, Pune



Contact

📞 95559 92200

📞 9146174488

www.commandokids.in

FOLLOW US...



Basic Activities...

- Horse Riding
- Rifle Shooting
- Inflatable Wall
- Trampoline
- Zumba
- Desi Games
- Boxing Basic
- Melt Down
- Arm Wrestling
- Crazy Roller
- Ambush Training
- Morning Exercise
- Army obstacles (22 Activities)
- 3D 1st Floor (10 Activities)
- Life Skill - Washing Clothes
- Snake & Iguana Handling
- Vegetables & Fruit Garden Visit
- Bird Handling
- Bungee Run
- Bull Ride
- Tractor Ride
- First Aid Lecture
- Zipline
- Rain Dance
- Sumo Wrestling
- DJ & Dance
- Daredevil Activities
- Bungee Trampoline
- Snake Bite Training

**REAL
FUN!!!**



Material Requirement List - 4 Days

Basic Course

DRESS

- ◆ Night Suites - 2
- ◆ Simple Towel - 1
- ◆ Hand Napkin - 2
- ◆ T-Shirt - 4
- ◆ Dark Shade loose Track pant - 2
- ◆ Undergarments - 3
- ◆ Cap - 1
- ◆ Socks - 3 pairs

TOILETRIES

- ◆ Tooth Brush / Paste - 1
- ◆ Comb - 1
- ◆ Soap with Case - 1
- ◆ Shampoo Pouch - min 3
- ◆ Hair Oil - small 1
- ◆ Washing Soap - 1
- ◆ Hand Sanitizer - 1 Bottle

OTHERS

- ◆ Sports Shoes - 1 pair
- ◆ Slippers or floaters - 1 pair
- ◆ Torch - 1
- ◆ Back Pack - 1
- ◆ Water Bottle - 1
- ◆ Small lock for the Bag

THINGS NOT BE CARRIED

- ◆ Mobiles / Gadgets
- ◆ Watches
- ◆ Ornaments
- ◆ Cash
- ◆ Eatables
- ◆ Cameras



Regular Activities...

- Horse Ride
- Rifle Shooting
- Inflatable Wall
- Trampoline
- Morning Exercise
- Zumba
- First Aid Lecture
- Zipline
- Rain Dance
- Lathi - Kathi
- Rappelling
- Ship Ladder
- Treasure Hunt
- Zorbing Ball
- Human Gyro
- Crazy Roller
- Life skill - Washing clothes
- Vegetables & Fruit Garden visit
- Snake and Iguana Handling
- Army obstacles (22 Activities)
- 3D 1st Floor (10 Activities)
- Black Mountain trek
- Visit to War Memorial
- Snake Bite Training
- Pyramid Inflatable
- Bungee Trampoline
- Army Based Movie
- Ambush Training
- Bird Handling
- Bungee Run
- Bull Ride
- Tractor Ride
- DJ & Dance
- Desi Games
- Jungle Trail
- Boxing
- Taekwondo
- 3D 2nd Floor
- Wall Climbing
- Rope Bridge
- Body Zorbing
- River Crossing
- Melt Down
- 360 Degree Cycle

SHOOT



Regular Course

DRESS

- ◆ Night Suites - 3
- ◆ Simple Towel - 2
- ◆ Hand Napkin - 3
- ◆ T-Shirt - 4
- ◆ Dark Shade loose Track pant - 2
- ◆ Undergarments - 4
- ◆ Cap - 1
- ◆ Socks - 4 pairs
- ◆ Jacket - 1 (Black Mountain Trek)

TOILETRIES

- ◆ Tooth brush / Paste - 1
- ◆ Comb - 1
- ◆ Soap with Case - 1
- ◆ Shampoo Pouch - min 3
- ◆ Hair oil - Small 1
- ◆ Washing Soap - 1
- ◆ Hand Sanitizer - 1 Bottle

OTHERS

- ◆ Sports Shoes - 1 pair
- ◆ Slippers or Floaters - 1 pair
- ◆ Torch - 1
- ◆ Back Pack - 1
- ◆ Water bottle - 1
- ◆ Small lock for the Bag

THINGS NOT BE CARRIED

- ◆ Mobiles / Gadgets
- ◆ Watches
- ◆ Ornaments
- ◆ Cash
- ◆ Eatables
- ◆ Cameras



Advance Activities...



BREATHTAKING OBSTACLES

- Balance Beam
- Crossing
- China Wall
- Zig - Zag Climber
- Hoppy Obstacle
- Ritzy Steps
- Knotty Rope Climber
- Tarzan Wall

GUSTY - CRUSTY

- Taekwondo
- Yoga - Meditation
- Danpatta
- Sword Swing
- Lathi - Kathi
- Boxing
- Arm Wrestling
- Kabbadi
- Rugby
- Football

INCREDIBLE INFLATABLES

- Parachute Riser
- Rock Climber
- Crazy Bull Rider
- Trampoline Jumper
- Bungi Run
- Sumo Wrestling
- Zorbo Rolling
- Melt-Down

THRILLING ADVENTURE

- Zipline
- Enthralling Cross Rope
- Burma Bridge Crossing
- Flying Fox
- River Crossing

SENSATIONAL OBSTACLES

- Dirty Bar Balance
- Camel Balance
- Victoria Balance
- Army Net
- Commando Net

COURAGEOUS CLIMBER

- Sensational Climbing Wall (65 ft.)
- Risky Rappelling
- Thrill - O - Ladder Climber
- Commando Rappelling

LIFE SKILLS TRAINING

- Horse Riding
- Tractor Ride
- Camp fire
- Washing clothes
- Snake Bite Training
- Cooking in Jungle
- Camel Ride
- First Aid Training
- CPR training
- Utensil washing
- Fire fighting
- Horse Trotting

- Bullock - Cart Ride
- Rifle Shooting
- Best out of waste training
- Cleaning the Premises / bed
- Animal Bathing & Cleaning
- Archery

WALKY - TREKKY

- Short Trek
- Night Trail
- Dare - U
- Walking on Broken Glass pieces
- Wattery - Lottery
- Long Trek
- Ambush Training
- One Minute Game
- Piercing the Potato with Straw
- Rain Dance
- Night Trek
- Day Long Trek
- Aangare Walk

BIRDS & ANIMALS DELITE

- Peacock Watch
- Exotic Birds Handling
- Domestic Animal Handling



Material Requirement List - 11 Days

Advance Course

DRESS

- ◆ Night Suites - 4
- ◆ Simple Towel - 2
- ◆ Hand Napkin - 3
- ◆ T-Shirt - 6
- ◆ Dark Shade loose Track pant - 2
- ◆ Undergarments - 6
- ◆ Cap - 1
- ◆ Socks - 6 pairs
- ◆ Jacket - 1 (Black Mountain Trek)

TOILETRIES

- ◆ Tooth brush /Paste - 1
- ◆ Comb - 1
- ◆ Soap with Case - 1
- ◆ Shampoo Pouch - min 3
- ◆ Hair oil - Small 1
- ◆ Washing Soap - 1
- ◆ Hand Sanitizer - 1 Bottle

OTHERS

- ◆ Sports Shoes - 1 pair
- ◆ Slippers or Floaters - 1 pair
- ◆ Torch - 1
- ◆ Back Pack - 1
- ◆ Water Bottle - 1
- ◆ Small lock for the Bag

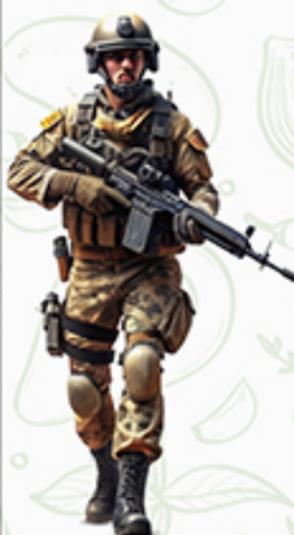
THINGS NOT BE CARRIED

- ◆ Mobiles / Gadgets
- ◆ Watches
- ◆ Ornaments
- ◆ Cash
- ◆ Eatables
- ◆ Cameras



Food Menu

(Only Veg. Food)

 ACTC FOOD MENU (Only Veg. Food)		 AARYANS COMMANDO TRAINING CAMP FOR KIDS - PUNE <i>BE... ROUGH & TOUGH</i> <small>Residential Camp for Boys & Girls (7 to 17 yrs.)</small>			
Day	Breakfast	Lunch	Refreshment	Dinner	Bus Parcel
Sunday	Poha with Shev & Lemon 1 Khajur & 1 Glass Milk 	Chapati, Rice, Dal, Salad, Pickle Dry Aaloo Jeera, Paneer Butter Masala 	Batata Wada Lemon Juice 1 Glass 	Misal Pav- Onion, Lemon Pharsan Jeera Rice, Dal Fry 	Veg plain chutney, Sandwich, Flavoured Milk 
Monday	Veg Shevai Upama Rajgeera Ladu 1 Glass Milk 	Chapati, Rice, Chinch Gul Amti Beet Koshimbeer Fryms Bhendi Masala Masoor Usal 	Veg Cutlet (4 PC) Veg Sandwich Kokam Sarbat 	Chole Bhature Dal Rice 	
Tuesday	Meduwada - sambhar/ chutney 1 Glass Milk 	Chapati Rice - Rassam Salad + Pickle Kofta Curry, Dodka Suki Bhaji 	Cut Watermelon Pieces (1 Plate) 	Veg Hakka Noodles Veg Manchurian Veg Schejwan Rice 	
Wednesday	Veg Upama shev Banana 1 Glass Milk 	Chapati, Plain Rice, Dal, Koshimbir, Fryms Matki Usal Mix Veg Sweet- Amrakhand / Culabjam 	Finger Chips (1 Plate) Tomato Souce 1 Glass Juice Kairi Panha 	Pav Bhaji Dal Khichdi 	
Thursday	Matar Poha shev Cut Water melon 1 Glass milk 	Chapati, Rice, Dal -Tadka Salad + Pickle Shev Bhaji Bharle vange 	Bread Roll 4 piece Butter Milk 	Tomato Soup Pasta Veg Fried Rice 	
Friday	Sabudana Khichdi Chutney 1 Glass Milk Banana 	Chapati, Rice, Red Dal Fry Green Salad, Bundi Raita Kala Chana, Matar Cabbage 	Cut Fruits or Custered 1 Bowl / Popcorn 1 Pack 	Dosa Chutney / Sambhar Veg Pulav 	
Saturday	Idly Chutney / Samber 1 Glass Milk 	Chapati, Pulav, Dal - Tadka Papad, Pickle, Dahi kanda Paneer Butter Masala Bhendi Fry 	Veg Sandwich Flavoured Milk 	Yellow Khichdi, Kadhi Papad Veg Biryani, Koshimbir 	



Food Menu

(Special Jain Food - without Onion)

						
Day	Breakfast	Lunch	Refreshment	Dinner	Bus Parcel	
Sunday	Poha with Shev & Lemon 1 Khajur & 1 Glass Milk	Chapati, Rice, Dal, Salad, Pickle Chawli Usal, Paneer Butter Masala	Kothimbir wadi, Lemon Juice 1 Glass	Misal Pav - Lemon Pharsan Jeera Rice, Dal Fry	Veg plain chutney, Sandwich, Flavoured Milk 	
Monday	Veg Shevai Upama Rajgeera Ladu 1 Glass Milk	Chapati, Rice, chinch gul Amti Cucumber Koshimbeer Fryms Bhendi Masala Masoor Usal	Veg Cutlet (4 PC) Kokam Sarbat	Chole Bhature Dal Rice / Green Peace Kurma		
Tuesday	Meduwada - sambhar/ chutney 1 Glass Milk	Chapati Rice - Rassam Cut Salad Kofta Curry, Dodka Suki Bhaji	Cut Watermelon Pieces - 1 Plate	Veg Hakka Noodles Veg Manchurian Veg Schejwan Rice		
Wednesday	Veg Upama shev (Green peas, Beans & Capsicum) Banana 1 Glass Milk	Chapati, Plain Rice, Dal, Mix Salad Green Peas & Cauliflower Sweet - Amrakhand / Gulabjam	Matki Bhel, Tomato Souce 1 Glass Juice Kairi Panha / Butter Milk	Pav Bhaji Dal Khichdi		
Thursday	Matar Poha shev Cut Watermelon Pieces - 1 Plate 1 Glass milk	Chapati, Rice, Dal -Tadka Salad + Pickle Rajma Usal Gravy Tomato Bharta	Bread Roll 4 piece Butter Milk	Tomato Soup Pasta Veg Fried Rice		
Friday	Methi Paratha Chutney 1 Glass Milk	Chapati, Rice, Dal-fry Green Salad, Bundi Raita Kala Chana, Matar Cabbage	Mix Cut Fruits or Custered 1 Bowl/ Popcorn	Dosa Chutney / Sambar Veg Pulav		
Saturday	Idly Chutney/ Samber 1 Glass Milk	Chapati, Pulav, Dal-Tadka Papad, Pickle, Dahi, Salad, Paneer Butter Masala, Bhendi Fry	Veg Sandwich Flavoured Milk	Yellow Khichdi, Kadhi Papad Veg Biryani, Koshimbir		



TRANSPORTATION



Pick up & Drop facility is only for Mumbai

- ◆ 360* Surveillance CCTV
- ◆ AC Bus Facility
- ◆ Clean Interior
- ◆ GPS - Real Time Monitoring
- ◆ Emergency Equipment & Exit



**SHOWER
TIME**



HYGIENE MAINTAINED

DORMITORY



Frequently Asked Questions

1) Accommodation - We are a Day School, but still we provide a Dormitory system.

The classrooms which are of 450 sqft are cleaned, sanitized and converted as sleeping rooms. On the opening day of the camp i.e. the very first day students are segregated age wise and then formed into groups of 16. Rooms are then allocated to the different groups. Every student is furnished with their individual bedding, bed sheets and pillow. Please note - All rooms are non-AC. For further clarification you can check the images on our websites.

2) Regarding washrooms - We have an exclusively 3 story-building consisting of lavatory and washrooms. Enough bathrooms are there for 15 students to bath simultaneously. Western and Indian style toilets are available. We also provide hot water for bathing.

3) Girls security - 50% of students are girls. We allot female NCC cadets to each and every girl group. Our campus is safeguarded by ladies and gents security guards, who are available 24x7.

4) Medical Facility - We have a Medical room well equipped with first aid, Emergency medication and 24/7 nursing facility. A Medical van with driver is available on the premises of the school 24/7. In case of medical emergency the child is taken to the nearest hospital within 15 minutes of radius. Parents are immediately informed.

5) Food - we provide 4 times meal (breakfast, lunch, evening snacks, dinner), only Veg food is served. Please note Jain food can be made available on request.

Refer to the menu on the website. Homemade food is strictly not allowed (Bornvita, Horlicks etc. not allowed).

6) Can we talk to the child daily - Parents cannot talk to their child daily; we create a group on WhatsApp on which all the details like photos, videos, Schedule, and menu for the day will be shared, but we do provide one time call. A day before the camp ends, we provide phone numbers and a time slot to talk to your child. In case of emergency, you can convey the message to the admin team same will be forwarded to operations team.

7) Regarding the trainers - The commandos/ marshals are trained and certified from Himachal Pradesh. They are commandos who train the cadets for the Indian army.

8) Equipment and gadgets - All the safety harnesses, equipment, and gadgets are well maintained and are as per ISI standards. The same can be viewed on the Website.

9) Care taker - All the comrades are adults, these comrades will be accompanying the children throughout the camp; they will be sleeping in their rooms, having food with them, will be assisting them during the activities schedule as well. The comrades will help the children to tie their shoelaces and for girls female comrades will help them to tie their hair.

10) Transport facility - We provide transport facility of pickup and drop for Mumbai students only. Pune airport, railway station pickup and drop service is also available. For pickup points and transport charges, please refer website.

What is a fitness certificate - Take your child to their pediatrician/ family doctor, let the doctor examine the child's chest and confirm that the child is not suffering from cold, cough, fever. The fitness certificate should be on the doctor's letterhead with the date, sign, and stamp, stating the child's current body temperature and he is fit for the camp. The certificate should also mention medications for any specific illness, which will help us to take care accordingly.



AARYANS
COMMANDO

TRAINING CAMP
FOR KIDS

BE... ROUGH & TOUGH



SCAN TO REGISTER

AARYANS COMMANDO

TRAINING CAMP
FOR KIDS

BE... ROUGH & TOUGH

 Venue:

Aaryans World School
Pune –Satara Road, Bhilarewadi
Next to R.K. Transport
Opp. Hotel Trimurti Holiday Inn
Before Katraj Ghat, Pune – 46



 **9555992200**  WHATSAPP TO GET UPDATES **9146174488**

WWW.COMMANDOKIDS.IN Follow us on :     